

















FEBRUARY 2024

Muscle Shoals Living Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>FEBRUARY IS HEART HEALTH MONTH</p>	<p>HAPPY BIRTHDAY in FEBRUARY to: Betty DeHart – 5th Sandra Bush – 6th Frankie Kelly – 7th Jim Waddle – 15th Joan Blackman – 20th Rosemary Christensen – 22nd Lou Spalding – 23rd Hershell Butler – 26th Usha Lakhani – 28th</p> 			<p>1 9:30 BINGO 10:00 Exercise 11:30 Shadow Casting  12:00 Ceramics Class</p>	<p>2 9:30 BINGO 10:00 Coffee & Donuts 10:15 February and Heart Trivia</p> <p>Groundhog Day </p>	3
<p>4 </p> <p>let them EAT CAKE</p>	<p>5 9:30 BINGO 10:00 Exercise 11:30 Bingo with Elizabeth Visiting Angels </p>	<p>6 9:30 BINGO 10:00 Exercise 11:30 Bingo with Gentiva Hospice </p>	<p>7 9:30 BINGO 10:00 Exercise 11:45 Birthday Ice Cream Social  12:00 Ceramics</p>	<p>8 9:30 BINGO 10:00 Exercise 11:30 Health Talk with Janet 'Positivity'</p>	<p>9 9:30 BINGO 10:00 Penny Auction w/ Amy Bradford Genesis Healthcare </p>	10
<p>11 SUPER BOWL 5:30PM on CBS network</p>	<p>12 9:30 BINGO 10:00 Exercise 11:30 BIBLE BINGO </p>	<p>13 9:30 BINGO 10:00 Exercise MARDI GRAS 11:30 King Cake & Ice Cream</p>	<p>14 9:30 BINGO 10:00 Exercise 12:00 Valentine's Party and Royal Crowning </p>	<p>15 9:30 BINGO 10:00 Exercise 12:00 Ceramics Class</p>	<p>16 9:30 BINGO 10:00 Presidents BINGO PRESIDENT DAY Bingo</p>	17 
<p>18 </p> <p>PRESIDENTS' DAY</p>	<p>19 9:30 BINGO 10:00 Exercise 11:00 Lunch Out! Homeside Rest. Cloverdale Rd, Florence *PRESIDENTS DAY* <i>No meal delivery</i></p>	<p>20 9:30 BINGO 10:00 Exercise 11:45 BINGO with Brooke Mitchell Hollingsworth</p>	<p>21 9:30 BINGO 10:00 Exercise 11:30 Penny Auction w/ Ericka - Columbia Cottage  12:00 Ceramics</p>	<p>22 9:30 BINGO 10:00 Exercise 11:30 Medicare Spotlight w/ Amanda Elledge Ending Care Appeals</p>	<p>23 9:30 BINGO 10:00 Bingo w/ Jennifer Reding Keller Home Care</p>	24
<p>25</p>	<p>26 9:30 BINGO 10:00 Exercise 11:15 Elaine Softley, Nutritionist 12:00 ART CLASS </p>	<p>27 9:30 BINGO 10:00 Exercise February is Cherries & Chocolate Month! 11:45 Indulge in BOTH </p>	<p>28 9:30 BINGO 10:00 Exercise 10:30 MARCH Calendar Review 11:30 Tea Drinks w/ Ericka 12:00 Ceramics</p>	<p>29 9:30 BINGO 10:00 Exercise 11:30 Ice Cream Floats </p>	<p>FEB. 1-5 NOMINATIONS FOR VALENTINE KING & QUEEN FEB. 6-9 VOTING for Valentine King & Queen VALENTINE PARTY & CROWNING – FEB 14 </p>	

